

Speaker Profile

Heidi Dening

“

Her honest stories and deep insights impacted everyone in the room. The feedback was extremely positive.

Amanda MacLean, Founding Partner,
The Gravitas Project

“

A presentation that kept everyone interested and you could hear a pin drop throughout Heidi's talk.

- David Firth, GM, Pak Pacific Co.



Internationally Respected Speaker

Heidi empowers her audiences and gives them practical strategies to:

- Embrace Self-Leadership
- Minimise Stress: Avoid Burnout
- Optimise Business Performance
- Improve Resilience and Human Potential
- Attract, Enthuse and Retain Optimistic, Healthy and Productive Leaders



The energy Heidi immediately brought to the room was captivating -

amazing how much of a difference she could make in such a short time frame! Heidi is clearly an expert and stands out in terms of her knowledge, delivery, personality and enthusiasm.

- Ronnie Altit, Insentra CEO and Founder

Experienced, Empowering Energetic and Elegant

- Customised presentations to event themes and audiences.
- Conferences, Exclusive VIP events and Industry Conventions.
- Dinner speaker, Emcee, masterclasses and panellist expert.
- Retreats, staff summits, and team 'away days'.

With so many details to manage, your speaker should give you the confidence that you have secured an expert who is also motivated to make your event a success.



SPEAKER

with over 100 presentations across 16 industries for Accenture, St George Bank, University of Sydney, Random House and many others.



AWARD RECOGNITION

with NSW Government, Westpac's International Women's Day Local Hero, Australia Day Merit Award, Telstra Business Awards, Celebrating Women Global project.



QUALIFIED

WELL™ Accredited Professional; Workplace Trainer and Assessor; Teacher; Personal Trainer; plus countless certifications in Health, Leadership, and Business.



AUTHOR

of Amazon best-selling book, Her Middle Name Is Courage: *How Self-Leadership Transforms Pressure into Performance, Chaos into Clarity, and Rage into Resilience.*



MEDIA APPEARANCES

on SBS World News, Mamamia, ABC Radio National, Sydney Morning Herald, The Age, Brisbane Times, Woman's Day, Runners World Australia.



EDUCATOR

Customised workshops for in-house professional development programs.

Inspiring Keynote Presentations

Planners who book Heidi get an inspiring presentation that's uniquely tailored to the audience and conference theme.



SELF-LEADERSHIP IS THE FUTURE OF LEADERSHIP

How Self-leadership is Transforming our Workplaces... and our World.

Ideal for Business owners, entrepreneurs and leadership teams.



RESILIENT PEOPLE: RESILIENT COMPANY

Improve Business Performance with Resilient Self-Leaders.

Ideal for Business owners, leadership teams and entrepreneurs.



LEADERS WITH VITALITY

How to Prevent Professional Burnout and Achieve Your True Potential.

Ideal for Stressed-out, overwhelmed professionals.



STOP. REVIVE. THRIVE

Master The Art Of Rejuvenation.

Ideal for Busy Professionals and Leaders.



Heidi presented at a Culture Change conference that I attended. It was the highlight of the day, and we immediately booked her for our company's staff summit because of this.

– Maxine Bartlett, HR Manager, ReachOut Australia.



Heidi brought great energy, warmth and insight to the conference

– Mark McCrindle, Social Researcher, McCrindle Research



For all speaking topics and show reel go to HeidiDening.com



Resilient, Optimistic Self-Leaders Create Profitable, Impactful Businesses

Powerful Storyteller

Since transforming her real-life setbacks such as a paralyzing illness where she lost the use of her legs, to gunpoint kidnappings, from tsunami terror, and firebomb attacks, she now shares her impactful strategies from stage and in workplaces so others can become the courageous self-leaders they were destined to be.

Accomplished Professional

Heidi Dening is a sought-after keynote speaker, award-winning business owner, author of an amazon best-selling self-leadership book called 'Her Middle Name Is Courage', and has over 20yrs experience as an educator.

Value-driven Entrepreneur

Heidi hates seeing people not live their life to the fullest. That is why she has made it her mission to empower as many people as she can on how to strengthen their resilience and embrace self-leadership strategies so they can overcome adversity and rise out of tough times stronger than ever. She believes that this will then send a ripple effect of vitality, education, resilience and optimism into workplaces, into families, and into communities ... potentially improving the lives of hundreds of thousands of people globally.

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Heidi is without doubt one of the best speakers I have worked with, ensuring that her presentation was tailored to fit the needs of the audience and our business. She attracted the most attendees to our breakfast session to date, selling out within the first 24hrs of release.

- Sarah Ferraina. Marketing, Comms & Events: Beaumont People

Our Gift To You

Pre and Post-event Online Self-Leadership Scorecard

- Engage and add value with your attendees before your conference even starts.
- Let them check their behavior change post-event and be reminded about the positive impact you had on them.

Ask us about the extra gifts we can organise for you.

Book Heidi Now

Book your confidential and obligation free **event development discussion** with Heidi to craft an inspiring world-class presentation package based on your event goals and targeted to your audience.

**email Heidi@HeidiDening.com
or phone 1300 206 962**

